

Letters to the Editor ...

A Beacon for Truth Seekers

Duncan: I wish to comment on your Letters to the Editor section in the latest issue of NEXUS [7/01]. In the reply to "Shapeshifting Claims" by David Icke, I am stunned that you could tolerate such garbage. This fellow is confusing facts with negative emotion—what a waste!

Regarding "Reading for Sanity", well done. I must admit that your approach to people in difficult circumstances is first-rate, and it is a pity that more magazine publishers don't follow your lead.

In my view, you have taken NEXUS well beyond the realm of mere magazine; it's become a beacon to those of us who are not afraid of the truth. I know that you are regularly pressured by the establishment to stop revealing information that goes against what we are expected to accept, and that you have so far resisted. Your courage will be rewarded!

Warmest regards,

David Burns, ziggy0@hawknet.com.au

Anti-perspirants & Cancer

Some time ago I attended a breast cancer awareness seminar put on by Terry Birk with support from Dan Sullivan. During the Q&A period, I asked why the most common area for breast cancer was near the armpit. My question could not be answered at that time. My question has since been answered.

The leading cause of breast cancer is the use of anti-perspirant. A concentration of toxins leads to cell mutations: aka *cancer*. Yes, *anti-perspirant*. Most of the products out there are an anti-perspirant/deodorant combination, so go home and check your labels. Deodorant is fine; anti-perspirant is not. Here's why.

The human body has a few areas that it uses to purge toxins: behind the knees, behind the ears, the groin area and armpits. The toxins are purged in the form of perspiration.

Anti-perspirant, as the name clearly indicates, prevents you from perspiring, thereby prohibiting the body from purging toxins from below the armpits. These toxins do not just magically disappear. Instead, the body deposits them in the lymph nodes

below the arms, since it cannot sweat them out.

Nearly all breast cancer tumours occur in the upper outside quadrant of the breast area. This is precisely where the lymph nodes are located.

Additionally, men are less likely (but not completely exempt) to develop breast cancer prompted by anti-perspirant usage, because most of the anti-perspirant product is caught in their hair and is not directly applied to the skin.

Women who apply anti-perspirant right after shaving increase the risk further, because shaving causes almost imperceptible nicks in the skin which give the chemicals entrance into the body from the armpit area.

Breast cancer is becoming frighteningly common. This awareness may save lives. If you are sceptical about these findings, I urge you to do some research for yourself. You will arrive at the same conclusions. Thank you.

Katrina Scott, Assistant Director of Sports Marketing, University of Maryland, PO Box 295, Cole Field House, Campus Drive, College Park, MD 20741-0295, USA

The Red Sky Prophecy

Dear Editor: In NEXUS Dec 1999–Jan 2000 [7/01], there was an article entitled "Night of the Red Sky: the Prophetic Vision of 'Grandfather'".

I, too, have seen the vision of the bleeding skies. I was teaching seminars in Switzerland in 1995 when I received a vision which instructed me to "go to America, learn Stalking Wolf's Vision and Prophecies and share them with the world". I immediately contacted Tom Brown's school in New Jersey and started training with Tom (who was taught by Stalking Wolf for 10 years).

It was during this time that I was taken in spirit to the Eternal Cave and shown the vision of the Red Skies. It affected me so deeply and completely that I took the techniques that Stalking Wolf said could prevent the Red Skies from occurring and put them together into two weekend seminars, entitled "Sacred Silence", which I have been teaching in Australia and worldwide for four

years. I am also a distributor for Tom's books, including *The Quest*, from which the article on the Red Skies was taken.

Grandfather said it is our *choice* about the future we create. I invite the readers to come and join me in creating a world of balance and wholeness while we still have the choice.

Gary Samer, Sacred Silence, 25 Kasch Road, Coffs Harbour, NSW 2450, Australia

Due Credit to Midge Ure

Dear Duncan: As regular subscribers, we look forward to reading NEXUS every month, but feel that we have to correct a mistake and also ask that recognition be accorded where it's due in Tom Brown's "Red Sky" (Four Horsemen?) story in the December 1999–January 2000 issue [7/01].

The song "We Are The World" was a belated American response to the original Ethiopian fundraiser, "Do They Know It's Christmas?", jointly written by the Irishman Bob Geldof and the Scot, James "Midge" Ure of Ultravox fame—who is usually forgotten, for some reason. Between them they arranged for many musicians to record "Do They Know..." under the name "Band Aid" and gave the profits to charity. "Live Aid" consisted of a huge open-air concert, televised worldwide, in the summer of 1985 in the UK, with some of the artistes getting on planes to the USA and playing again when they got there.

Please correct this mistake—and be the first to credit Midge Ure for his input. Thank you.

Barry and Norma Lees, starman@sky2000.fsnet.co.uk

Joe Fuel Cell & Orgone Energy

Dear Duncan: I appreciated Alex Schiffer's article on "The Joe Fuel Cell: Orgone Energy Accumulation" (NEXUS 7/01) because of my own experience with the orgone energy discovered by Wilhelm Reich.

On a trip to London, I went with a BBC producer named Jon East to an infrared imaging lab with an orgone box. Reich and colleagues demonstrated many times that the temperature inside an orgone box is always one or two

degrees higher than the ambient temperature of the room. It obviously has great potential as an energy source. In fact, Reich himself created a motor that ran on orgone.

Using the most advanced software available for infrared imaging, East and I established again the reality of the temperature difference. Reich, of course, was carted off to the hoosegow and ushered into an early death, in part because his discoveries were such a threat to the oil monopoly. I'm encouraged, though, when people like "Joe" and Alex Schiffer encounter the same phenomenon and understand its implications.

Incidentally, Jim Martin of Flatland Books has written a new book about Reich, entitled *Wilhelm Reich and the Cold War*, that should be available at about the time this letter gets printed (the address is POB 2420, Ft Bragg, CA 95437), and I highly recommend it to readers interested in orgone.

Kenn Thomas, *Steamshovel Press*, PO Box 23715, St Louis, MO 63121, USA, www.umsl.edu/~skthoma

Asthma Relief with Buteyko

Dear NEXUS: I was interested to see the recent NEXUS article on Professor Buteyko's drug-free treatment for asthma [6/05], since I have suffered from asthma since I was about six. It has never been life-threatening, but was serious when I was younger and I usually needed to use my inhaler to allow me to walk to school. Although it has improved over the years, I've had regular periods of flare-ups.

I was in fact going through one of these last August, needing my inhaler two or three times a day, when I saw a Dutch TV program on Professor Buteyko's treatment.

I had another attack that night and, for curiosity more than anything, thought I'd try holding my breath for 30 seconds or so before taking the inhaler. This isn't particularly uncomfortable during an asthma attack because, of course, it doesn't involve breathing. I didn't really think it would help, particularly since (as reported in NEXUS) the professor holds extended classes to train asthmatics to hold their breath for much

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NB: Please keep letters to approx. 100 to 150 words in length. Ed.

longer periods. When I breathed out, though, I felt virtually the same relief as if I had taken my inhaler, and fell asleep soon afterwards. Over the last 15 months, I've done this whenever I feel an attack coming on, and each time the attack has passed.

My experience is of course "anecdotal" and likely to stay that way. NEXUS readers will know that the professor's method is unlikely to be widely researched without drug companies' funding. With their marketing executives all aiming—by definition, really—to take a larger share of the (huge) asthma "market", they are unlikely to fund research that will likely cut drug use. Any attempts to reduce the size of the market itself must seem nothing short of vandalism...

In 40 years of having asthma, I've never been this long without drugs. Perhaps it is indeed the placebo effect. The mainstream doctors' contempt reflects the current medical view of this as showing nothing more than human gullibility. I think I take the alternative view, that it is the best form of healing—the body healing itself. However, I don't really care. The professor gave me a sense of control over my asthma—something that, before last year, I would have thought impossible. My thanks go to him.

Mitch Beedie, Dorset, UK

Free Subscriptions for Victims?

Dear Editor: First of all, I would like to say that I very much enjoy your magazine, which is very informative, particularly in regards to the NWO, multinational corporations, government cover-ups and so on.

Now, in regards to your response to Jerry Hamilton, a convicted criminal from Texas [Letters, 7/01]. I'm a hard-working father of two, trying hard to support my family, pay a mortgage. I would classify myself as an average "Aussie battler". I have never been in any trouble with the law, except for a couple of speeding fines, but I've never committed any crimes.

As any Aussie, I'm finding it harder and harder to make ends meet in the brave new world of industrial relations imposed upon us by the Howard government—

not that Labor was much better. As my NEXUS subscription comes up for a renewal, could I please have it sent free of charge, the same as Jerry? I like NEXUS so much, I might even consider committing a small crime—nothing major, just enough to qualify for a free subscription.

You are also saying that you send NEXUS for free, upon request, to many prisoners. Are you sending free NEXUS subscriptions to their victims as well?

Jerry Hamilton says that he got 60 years just for a possession of a gram of cocaine. What a lovely sob story. I would like to see his charge sheet, how many priors he had, and who he was going to sell this coke to—your children, my children, or was he peddling his wares in front of some high or even primary school?

In Australia, we are having people serving 15 years, with parole, for importation of many kilograms of prohibited drugs, and this poor, misunderstood child of our society got 60 years just for one gram?

And why is he in solitary confinement? I would like to see his prison charges and incident reports. He refuses what he calls slave labour? And what about the good taxpayers of Texas footing the bill for his upkeeping?

I think it is time we stop feeling sorry for criminals and start feeling sorry for victims. Victims are the ones who deserve free subscriptions. Sorry for my outburst, but sometimes I feel so frustrated watching our society turning right and wrong upside down. I really enjoy your magazine.

Yours,

Chris, krzysj@bigfoot.com

[Dear Chris: You raise valid points in your letter—and given the huge number of prison inmates wanting free magazines, I will have to reassess the situation or go broke being nice!]

I would also like to point out that drug-related criminals are also victims—victims of an insane system which says one drug is okay (alcohol, pharmaceuticals, etc.) and another (comfrey, cocaine, etc.) is not.

As for right and wrong, I agree with Shakespeare: "Nothing is right or wrong: thinking makes it so." Ed.]

Shaken Babies & Vaccinations

I read an article that describes controversy over "Shaken Baby Syndrome" versus the pertussis vaccine [5/05]. It states that a number of suspected SBS cases turned out in actuality to be complications caused by the pertussis vaccine.

I would like to contact the author of that article to find out if an infant who actually was diagnosed with pertussis could also be mistakenly diagnosed as a "shaken baby". My daughter had pertussis and my husband was unfortunately alone with her when she had a seizure. An MRI showed she had some haemorrhaging on her brain. Therefore he is being charged with child abuse. I don't believe he shook her, and I am desperately trying to find professional help to advise us.

If you have any suggestions on whom to contact, I would be so grateful! We need to find answers asap. Thank you.

Holly, whisper@chibardun.net
[Dear Holly: The article's author, Viera Scheibner, PhD, lives in the Blue Mountains region of NSW, and can be contacted by telephone on +61 2 4787 8203, or by fax on +61 2 4787 8988. Good luck. Ed.]

Sugar (and other) Blues

Dear Duncan: I find NEXUS so informative and useful in my work that I feel slightly guilty that I never write and tell you so!

This time I had to, as you were extolling one of my favourite and incredibly useful bits of literature: William Dufty's *Sugar Blues*, a fantastic and well-written book. I always keep two copies of books like that so I can lend one (which I note is still out and I have no idea where!).

I have always eaten very strictly, having learnt how to when our youngest was supposed to die of cancer years ago, and it was sugar that was part of the trigger for that malaise.

But it was not until I heard one of Joel Wallach's tapes that I realised that a sweet tooth was caused by a lack of calcium and magnesium. For the first time in my long life I can walk past a pavlova without having pangs!

Animal experiments leave me speechless. Given that nearly all

the wretched animals used for testing have adequate vitamin C in their bodies (unlike humans who have none), how can they possibly assess risk factors, as the vitamin C will to some degree nullify the side effects? (I know that guinea pigs don't, poor little sods.)

Short and deadly clip in this week's *Weekly Times* (w/c 5 December): Researchers at New York University found that GM corn leaked the insecticide into the soil from its roots. The insect-killing toxin Bt exuded from the roots as well as the above-ground foliage.

Scientists, writing in the journal *Nature*, described how they identified the fully active toxin in the soil surrounding the roots of Bt corn. It remained active for 25 days (this is not completely verbatim). Environmental campaigners sounding warning bells—probably too late for that.

All the best for Christmas and That New Year.

Pat Coleby, Victoria, Australia
[Dear Pat: Apparently Sugar Blues is available on the Internet via www.amazon.com. Ed.]

Psychiatry: Fraudulent Science

Dear Sir: I do not know if this letter is worth publishing or not, but I just want to say in reference to your recent article in NEXUS, "Psychiatry: Shrinking from the Truth" [7/01], that I have had occasion to consult psychologists over the years in the hope that they might be of some benefit to me, and have found to my cost that they have been of absolutely no help whatsoever. In fact, on at least one occasion, these "professionals" have done me much "psychological damage"!

This was a very good article, and it points out what I have long believed: that psychiatry and psychology are fraudulent "sciences" and unworthy of respect.

I think the problem lies in a fake understanding of the human psyche—and the "solutions" of psychiatry are only making matters worse.

I also think the writer is correct in recommending meditation as a possible remedy for many of the ills that affect us.

Yours faithfully,

[Name and address supplied]